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Quy Mill Hotel & Spa  
Cambridge

# Afternoon Tea Menu



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*Locally sourced, Freshly prepared*

# The Tradition of Afternoon Tea

Tea consumption increased dramatically during the early nineteenth century and it is around this time that Anna, the 7th Duchess of Bedford is said to have complained of "having that sinking feeling" during the late afternoon. At the time it was usual for people to take only two main meals a day, breakfast, and dinner at around 8 o'clock in the evening. The solution for the Duchess was a pot of tea and a light snack, taken privately in her boudoir during the afternoon.

Later friends were invited to join her in her rooms at Woburn Abbey and this summer practice proved so popular that the Duchess continued it when she returned to London, sending cards to her friends asking them to join her for "tea and a walk in the fields". Other social hostesses quickly picked up on the idea and the practice became respectable enough to move it into the drawing room. Before long all of fashionable society were sipping tea and nibbling sandwiches in the middle of the afternoon.

## TRADITIONAL AFTERNOON TEA £18.95

### Sandwich Selection;

Free Range Egg Mayonnaise & Cress  
Cream Cheese & Cucumber  
Hot Smoked Salmon, Dill & Horseradish Mayonnaise  
Glazed Baked Gammon with Wholegrain Mustard

### Scones;

Cheddar Cheese or Fruit Scone

### Sweet Selection;

Dark Chocolate & Orange Sponge  
Passion Fruit & Vanilla Panna Cotta  
Banana & Coco Cake, Walnut Strudel Topping  
Pistachio & Cardamom Madeleines  
Strawberry Macaroon  
Ginger Snap Tuile

## CREAM TEA £9.00

A choice of two cheese scones served with butter or two fruit scones served with clotted cream & jam with your choice of loose leaf tea

## GENTLEMEN'S AFTERNOON TEA £22.00

A choice of a pint of Adnams Ale, Peroni or Aspalls Suffolk Cider

### Savoury Selection

Pork & Apple Pie  
Clonakilty Black Pudding & Chilli Musk's Royal Approved Newmarket Sausage Roll  
Soft Quail Scotch Egg  
Mature Cheddar Cheese, Chutney, Fruit, Malt Fruit Loaf, Crackers  
Granary Toast, Gentlemen's Relish & Pickle

### Sweet Selection

Rich Fruit Cake  
Carrot & Apple Cake

## CHILDREN'S AFTERNOON TEA £10.50

Cheddar Cheese Sandwich  
Glazed Gammon Sandwich  
Warm Scone  
Chocolate Brownie  
Strawberry Macaroon  
Banana & Coco Cake

## SPARKLING AFTERNOON TEA £24.00

Includes a 125ml glass of Prosecco with Traditional Afternoon Tea

## CELEBRATION AFTERNOON TEA £30.00

Includes a 125ml glass of Joseph Perrier NV Brut Champagne with Traditional Afternoon Tea

Please inform a member of staff prior to ordering if you suffer from any food allergies or intolerances.

Prices include VAT at the prevailing rate.